

Action Community Homeroom: Pregnant People & Children

March 3-4, 2025

Get to Outcomes in 2026

March 3, 2026



*Welcome to the
Pregnant People &
Children Action
Community!*

Session Agenda

01

Meet Your
Action
Community
30 mins

02

Refine Your
PHMI
Vision
20 mins

03

Gallery
Walk &
Reflection
15 mins

04

Our Action
Community
Identity
10 mins

Your Action Community Leaders



Emma Gier

Action Community
Manager



Jen Powell

Action Community
Director

In Our Action Community...

- We are all focused on Pregnant People or Children.
- We all have something to teach and something to learn.
- We can make important, measurable progress at our clinics this year, even amidst larger uncertainties.
- We will get farther if we support each other.



How Our Action Community (AC) Will Work

At the Statewide Learning Session:

Over the next 2 days there will be a series of sessions that will allow you:

- Time with your team to refine your vision, SMARTIE goals and change strategies
- Time with AC peers to coach each other and strengthen plans

Action Community Monthly Touchpoint:

- Monthly virtual call starting in April
- Celebration of successes
- Facilitation of peer problem-solving
- Spread of expertise in response to your progress and roadblocks

Our Coaches and SMEs



Anda Kuo

Action
Community
SME (Children)



**Claire
Richardson**

PT Coach



**Denise
Armstorff**

PT Coach



Julita Mir

Empanelment
SME



**Lyn
Yasumura**

Action Community
SME (Pregnant
People) & PT
Coach

Teams You'll Teach and Learn From

- Community Medical Centers (CMC)
- Open Door
- Petaluma Health Center
- Saban Community Clinic
- Santa Rosa Community Health



Petaluma
HealthCenter



Take 2 minutes to come up with 3 facts about your center or team to share with the group

Collaboration Scavenger Hunt

- Find people to initial a square.
- Introduce yourselves to one another briefly. Try to meet as many people from **other centers** as possible!
- Each person may initial only *one* square.

PHM INITIATIVE Pregnant People and Children Action Community

Scavenger Hunt

Connect with your peers! Find someone who fits a description and have them sign the box. Each person may only sign one box!

Has a go-to toddler immunization "distraction" trick	Works at what used to be a free clinic	Lives in Southern California	Has been to Russian or Eel Rivers (or both!)	Grew up on the East Coast
Got a flu vaccine this season	Is a nurse	Knows how to ski	Has supported with a labor and delivery	Loves Mexican food
Lives more than 100 miles from the CA coast	Can name at least 3 of the vaccines in Combo 10	Works at a different center than me	Can quote a Disney movie line	Had to take a flight to get here
Has flown in or out of STS	Likes pineapple on their pizza	Has done at least one PDSA in the last year	Knows how many doses of the HPV vaccine there are	Knows how to surf
Had to drive to get here	Lived in the Bay Area at some point	Has visited 3+ CA national parks	Has flown in or out of BUR	Works at a center more than 45 years old

Refine Your PHM Vision for 2026

Craft a Vision That Inspires Action

- **Ambitious:** It will make people healthier.
- **Achievable:** In the time we have, with the resources we have.
- **Inspiring:** Your team will be proud when you achieve it.
- **Succinct:** It captures the spirit, not the details.
- **Tailored:** It communicates the essence of your community and patient population.





Team Time: Refine Your PHM Vision (20 min)

1. Going around the table, share what is important to **you** as you think about the vision for your team to advance population health management.
2. Ask one team member to chart each statement.
3. Read your team's draft vision aloud.
4. Compare the draft vision to what everyone shared. Make clarifications, additions, or subtractions so that the vision is as ambitious and meaningful as you believe it should be.
5. Lock in your CHC's vision.

Gallery Walk & Reflection

Vision Gallery Walk & Reflection (10 min)

- 1 Write your refined vision statement on a flip-chart. Make it bold and legible
- 2 Take 5 minutes to walk around and read each others' vision statements
- 3 Head back to your table to reflect independently and jot down any themes or similarities you are seeing

Our Action Community Identity

What's Our AC Name?

Who are we becoming together?

Tomorrow Takes a Turn for the Tactical

- 1 Fine-tune SMARTIE goals.
- 2 Coach each other.
- 3 Pick “the vital few” measures to track progress.
- 4 Decide which changes give the most bang for your buck.
- 5 Find out what peer teams are planning.

Please transition to General Session Space

Next session starts at 2:20 PM:
Championing Improvement

Islands Ballroom

General Session Space

Welcome back!

Rooted and Rising

Finetuning Our Team Goals

March 4, 2026



Session Agenda

01

Stress Test
Goal
20 mins

02

Peer
Coaching
30 mins

03

Fine Tune
Goals
10 mins

Yesterday When We Met, You...

- began connecting across health centers
- refined your PHM vision for 2026
- named what's getting in the way of achieving the vision

Now, let's take a step toward specific, measurable progress.



“Soon” is not a time

“Some” is not a number

“Hope” is not a plan

Tips for an Effective SMARTIE Goal

- Name what you will accomplish.
- Specify how much better you will get.
- Place boundaries around area of focus, e.g., a population, a site.
- Name for and with whom you will work.
- Consider data collection. What do you already collect? What would be light-lift?
- Get clear enough that anyone could read it and understand.





Team Time: Stress-Test Your Goals (15 min)

1. Read your draft clinical outcomes goal aloud.
2. Have a candid conversation inside your team:
 - What would make the goal clearer or more motivational?
 - What happens if we do or don't accomplish it? What would make it more important?
 - What would make it more feasible on this timeline, with our resources?
3. Edit the goal as you go.
4. Discuss your sustainability goal, as time allows.

Peer Coaching





Peer Coaching: Strengthen Your Goals (20 min)

- Each center's PHMI lead or delegate will remain at their table to share your clinical outcome SMARTIE goal. Become a sponge! Listen, take notes, resist the urge to defend or explain.
- Everyone else will rotate tables to hear other centers' goals and brainstorm ideas:
 - What could make the goal clearer or more motivational?
 - What could make it more ambitious, while remaining achievable?
 - What could make it more feasible on this timeline?
- In your group, you will visit 3 centers; you will have 4 minutes at each table. We will tell you when to rotate.

Groupings for Peer Coaching

*PHMI Lead or Delegate Stay at Your Table

Group A	Group B	Group C	Group D	Group E
Annie Thor (CMC) Casey Weiser (OD) Saydee Rodriguez (P) Mia Tiscareno (SR)	Jacky Hernandez (Sab) Kim Keller (Pet) Araceli Cisneros (SR) Andrea Swanland (OD) Alyssa Lopez (CMC) Crystal O'Brion (OD)	Danielle Baker (SR) Erin Garcia (CMC) Jose Chavez (P) Jacky Hernandez (S) Paula Tomczak (OD)	Pedro Toledo (P) Yudith Correa (SR) Sarah Ross (OD) Michelle Coble (CMC)	Grace Agapinan (OD) Joanne Elkstrom (SR) Kamila Silvera (Pet) Kaitlin Merritt (S) Michelle Coble (CMC)



Team Time: Process Feedback (10 min)

- **Notetakers:** Share the ideas and questions you received.
- **Team:** Listen generously. Discuss and continue strengthening your SMARTIE goal(s). Signal us if you want thought partnership.

—

Your SMARTIE goal should be in great shape by the end of this session.

Time permitting: move to your sustainability goal (if drafted)

Please transition to General Session Space

Next session starts at 11:15 AM:
Optimizing Data for Improvement

Islands Ballroom

General Session Space

As you come into the room...

Add your team vote for our virtual monthly touchpoint schedule in the front of the room

Developing a Measurement Strategy

March 4, 2026



Session Agenda

01

Opening
5 mins

02

Team Time
35 mins

03

Debrief &
Closing
10-15 mins

Start here!

PHM INITIATIVE

PHMI Measurement Strategy Worksheet Instructions

Note: These instructions support the completion of the Measurement Strategy Worksheet. Reference to the columns in that worksheet are noted in this support document.

First, write down your 2026 clinical outcome SMARTIE goal:

Next, select your family of measures using the table below:

Questions to consider for each measure...

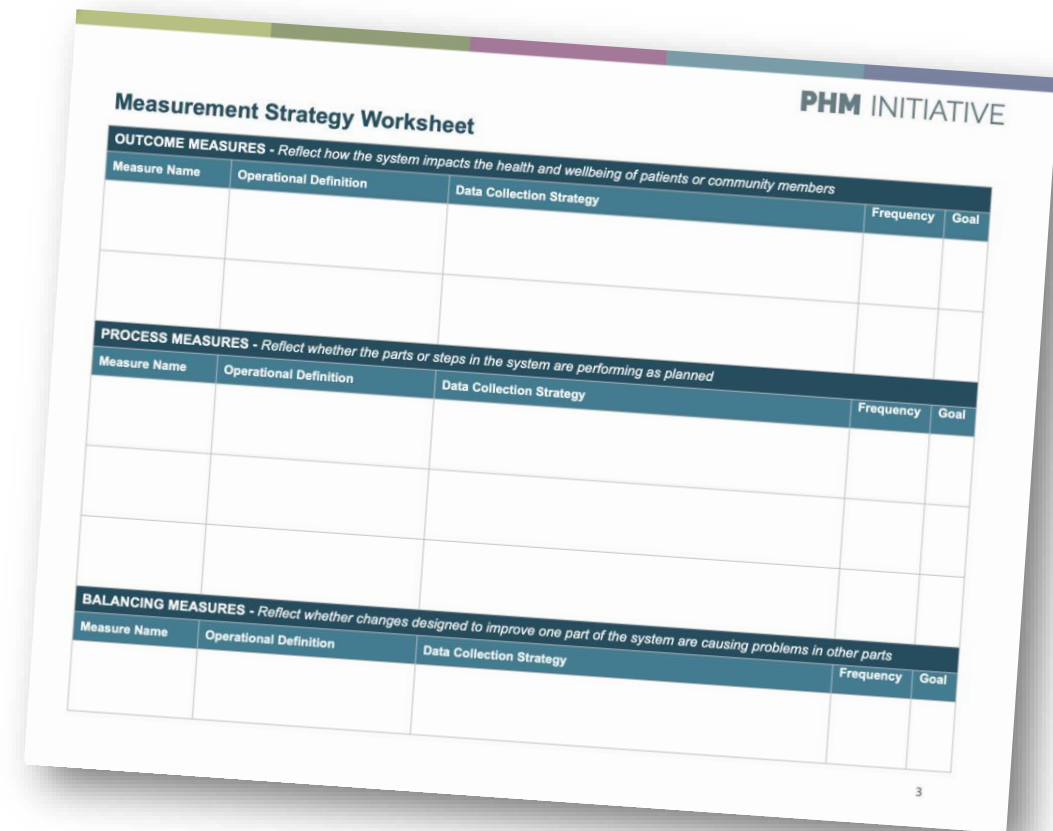
- What is our data source? Where will we draw the data from?
- How will we collect the data? Will we do manual data collection (e.g., chart audit with small [sample](#)), or can we generate a data report from an electronic source?
- What is the reporting source (e.g., Power BI, PHM platform, EMR, other)?
- Does a report need to be programmed?
 - If so, who is responsible for programming the report? How can we [assure](#) it will be prioritized?
 - If not, can the report be generated by a non-IT person? Does this responsibility easily fit into an existing role?
- Can we report on the data monthly to help inform our testing?

1

Then, fill in the Measurement Strategy Worksheet

- ✓ Start by selecting a family of measures to support your clinical outcome SMARTIE goal (first column).
- ✓ Then, move to data collection strategy (third column).

Team Time (30 minutes)



The image shows a 'Measurement Strategy Worksheet' template for the PHM Initiative. It is divided into three sections: Outcome Measures, Process Measures, and Balancing Measures. Each section has a header row with a descriptive sentence and a table with five columns: Measure Name, Operational Definition, Data Collection Strategy, Frequency, and Goal. The tables are currently empty.

Measurement Strategy Worksheet				
PHM INITIATIVE				
OUTCOME MEASURES - Reflect how the system impacts the health and wellbeing of patients or community members				
Measure Name	Operational Definition	Data Collection Strategy	Frequency	Goal

PROCESS MEASURES - Reflect whether the parts or steps in the system are performing as planned				
Measure Name	Operational Definition	Data Collection Strategy	Frequency	Goal

BALANCING MEASURES - Reflect whether changes designed to improve one part of the system are causing problems in other parts				
Measure Name	Operational Definition	Data Collection Strategy	Frequency	Goal

3

Quick Debrief! How did it go?



**What would you like to share with your peers?
What might be helpful to come back to during our
monthly touchpoints?**

Next steps

In March, with your coach, you will:

1

Finalize your measurement strategy across the 3 SMARTIE goals.

2

Consider support needed to collect the data.

Selecting High-Leverage Changes

March 4, 2026



Session Agenda

01

Opening
10 mins

02

Select or
Refine
Change
Strategies
20mins

03

Impact-
Effort
Matrix
20 mins

04

Plan Your
PDSA
15 mins

If you have a purple dot on your name tag, you will transition at 2:35. Take a break and be in the Bayview Ballroom at 2:50.

So Far You Have...

- ✓ Settled your PHM vision
- ✓ Crafted your SMARTIE goal(s)
- ✓ Selected measures

Now, we will prioritize change strategies to decide which ones will have the greatest impact toward your goal.

Let's Prioritize the Changes You'll Make

To Speed Up Your Progress, Speed Up Your Learning

- You have ideas for how to achieve your goal.
- Your plan should change as you learn and as conditions change.
- **If your plan is the same in 6 months as it is today, you are missing important learning.**
- Do your best to pick changes, implement with curiosity, and be prepared to adapt as you go.



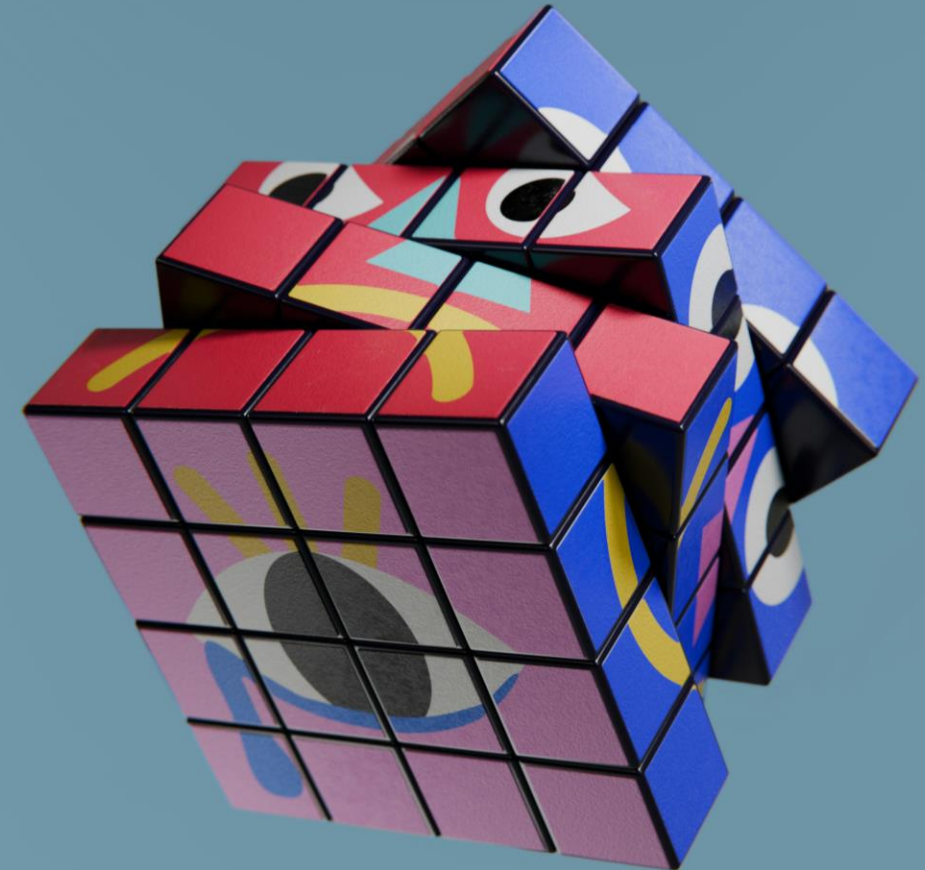


Team Time: Select or Refine Your Change Strategies (20 min)

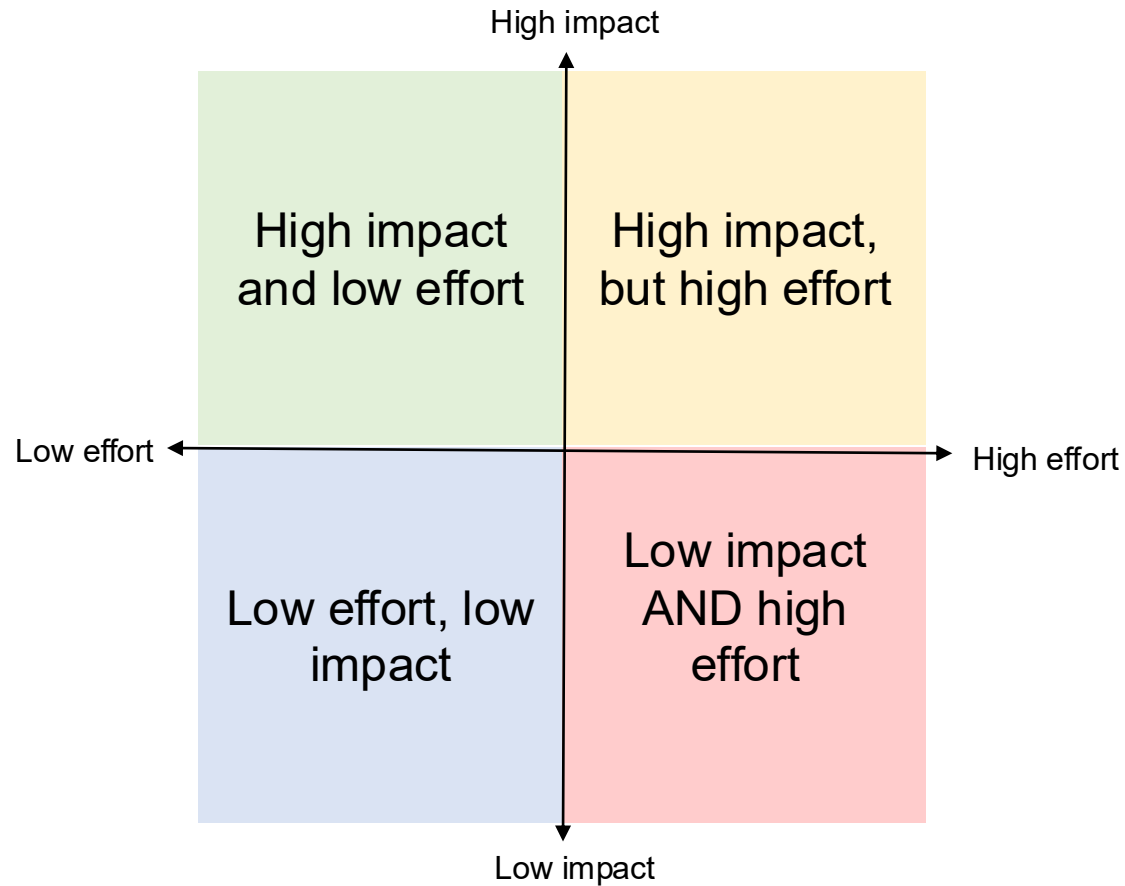
1. Review the change strategies your team selected from the Change Package(s) in February.
2. Consider adding changes based on new thinking about the goal, measures, your center's needs, or inspiration you are experiencing at the Learning Session.
3. As a team, pick up to 6 high-priority change strategies, and write one per sticky note.

Change is hard work.

**Let's make it
efficient.**



Impact-Effort Matrix



Use this tool to predict how much effort and how much impact (in relation to your goals) a change will have.

Team Time: Impact-Effort Matrix (20 min)

- Place each of your change strategies on the matrix.
- Discuss as a team why you are picking that position.
- Mark up your matrix if you need to reconsider or add changes.
- Decide on a sequence for the changes; run multiple changes in parallel, if you can collect data for both.
- Pull in a peer from another CHC to double-check your thinking.

Take a Break


Please revisit scheduling with your team

See new options at front of room

Plan Your Next PDSA



Team Time: Plan Your Next PDSA (25 min)

PHM INITIATIVE		PDSA Worksheet																			
Name of Clinic Team:		Month(s) testing:																			
Overall Objective: Improve clinical outcomes by		Change Strategy to Test:																			
PHMI Population of Focus: Children																					
<p>PLAN:</p> <p>1. Briefly describe the test:</p>		 <p>DO: Carry out the planned test of change. Collect data, describe observations and problems encountered.</p>																			
<p>2. List the tasks necessary to complete this test (What)</p> <table border="1"> <thead> <tr> <th>Person responsible (Who)</th> <th>When</th> <th>Where</th> </tr> </thead> <tbody> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> <tr><td> </td><td> </td><td> </td></tr> </tbody> </table>		Person responsible (Who)	When	Where																<p>STUDY: What did you learn? Analyze data, observations, problems encountered and determine next steps. How do results compare with your prediction?</p>	
Person responsible (Who)	When	Where																			
<p>3. What do you predict will happen?</p>		<p>ACT: Select next step:</p> <p><input type="checkbox"/> Adapt: Modify the change and continue testing plan. Plans/changes for next test:</p> <p><input type="checkbox"/> Adopt: Select changes to implement on a larger scale and develop an implementation plan and plan for sustainability</p> <p><input type="checkbox"/> Abandon: Discard this change idea and try a different one</p>																			
<p>4. What data will be collected to indicate whether this change led to improvement?</p>																					

Break

15 Minutes – Back at 3:25 pm

Mix & Mingle

March 4, 2026

CPSP: Open Door and CMC

Nuts and Bolts

- Do you have a hold for the monthly virtual touchpoint on your calendar for April?
- Let's take a photo!

Let's Celebrate! | Rooted and Rising

What is one key take away or thing that inspired you over the last two days?

What is one hope you have for our community in the future?



Please transition to the General Session Space.

Next session starts at 4:30 PM:

Let's Make a Prediction and Closing in Gratitude.

Islands Ballroom

General Session Space